

KITS

Lens power refers to one consistent magnification strength across the entire lens. You don't need a prescription for reading glasses.

Print this at actual size (100%) and hold it at arm's length to test.

+3.00	SELECT THIS POWER
+2.50	SELECT THIS POWER
+2.00	SELECT THIS POWER
+1.50	SELECT THIS POWER
+1.00	SELECT THIS POWER
+0.00	SELECT THIS POWER

Tip: Starting from the bottom, read each line. Move upward until the text is clear. The corresponding number for that row is your suggested reading power. Make sure your glasses are off.

Still unsure? Start lower. It's easier to adjust up than down.